

Preparing for your Appointment: PARKINSONISM

Write down your symptoms:

- When did your symptoms begin?

- Parkinsonism signs and symptoms may include but are not limited to:
 - Tremor
 - Writing changes
 - Slowed movements
 - Muscle stiffness
 - Speech changes
 - Walking and balance difficulties
 - Memory difficulties
 - Emotional changes
 - Sleep difficulties
 - Fatigue

Describe your specific symptoms.

- Are your symptoms constant or do they come and go?

- What makes your symptoms worse?

- What makes your symptoms better?

- Do any other family members have similar symptoms?

Bring Parkinson's Related Records to your appointment:

- Have you seen a medical Provider for your condition? If so, what testing and treatment were provided?