

# NORAN NEUROLOGY

*Innovative Treatments - Compassionate Care  
Creating Hope for People with MS*

## **Welcome to the Noran Neurology Multiple Sclerosis Center**

When you're diagnosed with multiple sclerosis (MS), you may feel disoriented at first – struggling with anxiety and sadness, fear and anger, even denial. It can be a difficult time, calling upon all your resources. Yet there is every reason to feel hopeful. By teaming up with the Noran Neurology MS Center, you, your doctor, and your family can take charge of your illness with a sense of optimism and confidence.

## **Defining Multiple Sclerosis**

Multiple Sclerosis is a chronic disease of the nervous system and the most commonly diagnosed neurologic disease among adults 20 to 50 years of age. There are several types of MS. Most begin with relapsing-remitting disease. This means that the symptoms come and go, usually leaving the person feeling normal until another relapse, or MS attack, occurs. New attacks occur at irregular intervals. Symptoms associated with relapses usually develop over a period of hours to days. These symptoms can last for a matter of days or weeks and then go away, sometimes without any treatment. Common symptoms include:

- Vision loss
- Numbness or tingling
- Weakness or fatigue
- Unsteadiness in walking
- Double vision
- Heat intolerance
- Partial or complete paralysis
- Electric shock sensations when bending the neck

Because symptoms of MS vary widely among individuals, personalized care is especially important.

## **Comprehensive Care**

At the Noran Neurology MS Center, we recognize the unpredictable nature of MS and its physical, as well as social and psychological challenges. To support you, our team provides a holistic approach including comprehensive evaluation, management, and treatment. Comprehensive care is supplemented and supported through a network of high-quality community resources. This combination helps you stay on top of all the latest developments. As a result, you'll succeed in managing your MS more skillfully.

## **Noran Neurology MS Center Team**

The MS team at the Noran Neurology MS Center includes board-certified neurologists, radiologists, neuropsychologists, nurse practitioners, physician assistants and other support staff to help evaluate and monitor your condition. The goal is always to work with you and your doctor to design a personalized care plan that really meets your needs.

## **Advanced Diagnostics**

Our approach includes an exclusive MRI testing protocol for MS that assures unprecedented accuracy of brain scans, along with the most detailed mapping and reporting. Better testing leads to better treatment decisions, so you can act earlier, fight harder and feel better. We also provide comprehensive patient information packets, education, and referrals to other resources outside the clinic, as needed. These resources may include outside medical specialists such as ophthalmologists, urologists, psychotherapists, speech, physical or occupational therapists, and others.

## **MS Society Partner in MS Care Center**

We are proud to be recognized as a Partner in MS Care by the National Multiple Sclerosis Society. This designation highlights our commitment to delivering high-quality, patient-centered care and our dedication to improving the lives of those affected by MS. As a Partner in MS Care, we collaborate with the MS Society to ensure our patients have access to the latest treatments, resources, and support.

The Noran Neurology MS Center recommends that everyone with MS contact the MS Society. The Minnesota Chapter is a valuable resource for people with MS and their families. Support groups, exercise programs, educational seminars, financial aid, and MS research are just a few of the many programs that the Minnesota Chapter offers.

Contact the Multiple Sclerosis Society by calling 800.344.4867.

## **Noran Neurology Patient Portal**

Our website contains helpful information about our providers, services, locations, and the conditions we treat. You can access much of your chart information through our secure patient portal, My Noran Clinic. You can also send a message to your provider, request an appointment, prescription refill or medical records, and make payments.