

NORAN NEUROLOGY

Welcome to Noran Neurology

For more than 50 years, Noran Neurology has provided comprehensive adult and pediatric neurological services for patients throughout Minnesota and the upper Midwest. Our neurologists are highly trained to provide expert diagnosis and treatment recommendations. We also have subspecialists in many areas including migraine/headache, concussion/brain injury, multiple sclerosis, stroke, sleep disorders, neuromuscular diseases, movement disorders and epilepsy/seizures.

Our five metropolitan locations provide easy access to our services, and our dedicated staff is committed to assisting you with scheduling, insurance coverage issues, directions and more.

What is Neurology?

Neurology is the field of medicine that studies the nervous system — the brain, spinal cord and the body's complex network of nerves. A neurologist is a specialist in the diagnosis and treatment of disorders of the nervous system.

A pediatric neurologist, trained both in pediatrics and neurology, identifies problems particular to a growing and developing child.

Illness or injury can affect the nervous system. Diseases of the nervous system can also affect how other parts of the body function.

We also have subspecialists in many areas including:

- migraine/headache
- head injury/concussion
- multiple sclerosis
- Parkinson's disease
- seizures
- neuritis
- sleep disorders
- neck and back injury
- dizziness
- stroke
- Alzheimer's disease
- epilepsy
- pediatric attention-deficit disorder (ADD)
- neuromuscular disease
- numbness
- other neurological disorders

Information on these conditions can be found at www.noranclinic.com.

Expert Care

All Noran Neurology neurologists are board certified or board eligible and often have additional training in a special area of neurology.

What can I expect at my appointment?

During your first appointment, your neurologist will try to determine the basis for your problem. To do so, the neurologist will:

Take a medical history, which includes asking you for information about:

- Your present problem(s) and its duration
- Your past medical history, including any surgeries and hospitalizations
- Current medications and allergies

Perform a neurological examination. The examination will vary depending on the history and problem, but could include:

- Motor examination: checking muscle strength, mobility and reflexes
- Sensory examination: checking touch, vibration and position
- Cerebellar testing: checking coordination
- Mental examination: checking memory
- Cranial examination: checking eye and facial movements

Order or conduct diagnostic tests.

Following the history and examination, the neurologist may order tests to confirm the diagnosis. Tests may include MRI or CT scans, EEG, EMG, sleep study and other appropriate tests.

Coordinated Testing and Treatment

Testing may be ordered at Noran Neurology or at another community location. Our imaging centers are equipped with the latest technology and staffed by highly trained technologists and radiologists. When utilizing our imaging services, there is no need to reregister, and our staff will work to conveniently schedule your appointment. Your neurologist will get your test results back quickly, and if there are questions, can easily speak with the radiologist who interpreted your test.

Once your tests are completed, a radiologist will analyze your images and provide your doctor with the results through your Noran Clinic electronic medical record. You will usually return for a follow up appointment to review your results, which may include viewing the radiology images from your tests.

Follow-up Care

Your follow-up care may be provided using a team approach between your neurologist and an advanced practice provider. Advanced practice providers are board-certified nurse practitioners and physician assistants who are very helpful in educating you about your diagnosis, coordinating your care with other resources, as well as teaching and counseling you on managing your condition. They work closely with your neurologist to ensure that your care is well coordinated.

Sleep Center

The Noran Neurology Sleep Center offers expert evaluation of sleep disorders such as sleep apnea, insomnia, narcolepsy, parasomnias, restless leg syndrome and excessive daytime sleepiness. Operating with the latest technology, highly trained sleep specialists and experienced sleep technologists, the Sleep Center affords an excellent setting in which to assess sleep problems and make recommendations for improvement.

Our sleep centers are located in Bloomington/Edina and Blaine.

MS Center

The Noran Neurology MS Center offers comprehensive evaluation, MRI testing using a unique MS protocol, infusion services, education and follow-up to provide optimal care for persons with multiple sclerosis. We also coordinate your care with other community resources.

Imaging Center

Our imaging helps your doctor confirm diagnoses or recommend specific treatment for a range of disorders. It is our priority to provide the highest quality service and state-of-the-art technology, with a focus on excellent customer care. Our High-field MRI offers more space to accommodate larger or claustrophobic patients and produces excellent images.

We offer imaging services at three convenient locations, Bloomington/Edina, Blaine and Lake Elmo/Woodbury.

Infusion Center

The Noran Neurology Infusion Center offers a range of infusion services in a safe, caring and comfortable environment. Our Infusion Care Team is comprised of neurologists, advanced practice providers, registered nurses and support staff. Our patients receive personalized treatment plans, with all infusions performed according to your doctor's recommendations and preset protocols.

The Noran Neurology Infusion Center is available to infuse a variety of medications for a number of conditions, including, but not limited to ITP, CIDP, multiple sclerosis, myasthenia gravis, Guillain-Barre' syndrome, osteoporosis, Lupus, and Crohn's disease.

Our infusion centers are located in Bloomington/Edina, Blaine and Lake Elmo/Woodbury.

Clinical Neuropsychology

Your neurologist may refer you to our neuropsychology department for an evaluation. A variety of tests are used to identify cognitive problems that can cause difficulty in work, home and social environments.

These tests include specialized measures of attention, memory, language, problem-solving and other cognitive skills.

Based on the results, the neuropsychologist provides a report to your doctor and may make recommendations for treatment and rehabilitation.

Practical Tips

- Please arrive at least 15 minutes before your appointment. This will allow time to check in and complete necessary paperwork.
- Write down questions you want to ask at your appointment.
- If you have questions about how to prepare for your appointment or questions related to your medical care, please call us at 612.879.1000, between 8am and 4pm, Monday through Friday. You may also visit our website, www.noranclinic.com, for helpful information.
- Appointment hours vary by location. To schedule an appointment at any of our locations, please call 612.879.1500, Monday through Friday 8am - 4pm.
- For after-hour needs, our telephone line, 612.879.1000, is answered 24 hours a day, including weekends and holidays.
- If you are unable to keep your appointment, please notify us at least 24 hours in advance or as soon as possible.

Insurance Coverage

Noran Neurology participates in most insurance plans including Blue Cross Blue Shield, HealthPartners, Medica, UCare and Medicare. Contact us at 612.879.1614 with any questions about your coverage. We will assist you in filing a claim with your insurance company. Any co-pays are due at the time of service.

We offer a 30 percent discount to patients without insurance if charges are paid in full on the date of service.

Confidentiality

Your personal health care information is confidential and is only released in accordance with state and federal statutes. To have your records transferred, we need written authorization from you or an authorized representative. If you plan to pick up your medical records or imaging studies, please call our medical records department at 612.879.1000 to make arrangements.

Noran Neurology Patient Portal

Our website contains helpful information about our providers, services, locations and the conditions we treat. You can access much of your chart information through our secure patient portal, My Noran Clinic. You can also send a message to your provider, request an appointment, prescription refill or medical records, and make payments.